Fall 2005

Julia B. Frank, MD

The George Washington University 301-588-0119(h) School of Medicine 202-741-2865 (o) Department of Psychiatry 202-741-2891 (f) 2150 Pennsylvania Ave., N.W. Washington, D.C. 20037 jfrank@mfa.gwu.edu

I. PERSONAL

- A. Born: July 17, 1951, Baltimore, Maryland
- D. Social Security Number: 218-46-1322

II. EDUCATION

- A. A.B. (Social Studies), Harvard University, magna cum laude, 1973
- B. M.D., Yale University School of Medicine, 1977
- C. Internship, Internal Medicine (*), Michael Reese Hospital and Medical Center, Chicago, Illinois, 1977-78, (NBME certified, 1978, #188718)
- D. Post-doctoral Fellow in Psychiatry, Yale University School of Medicine, New Haven, Connecticut, 1978-82
 - 1. Chief Resident in Psychiatry, Yale New Haven Hospital, 1980-81
 - 2. Fellowship in neuropsychiatric evaluation, Yale New Haven Hospital/Yale U. School of Medicine, 1981-82
- E. Certified American Board of Psychiatry and Neurology, 1982, (23940)
- F. Master Teacher's Certificate, School of Education and Human Resource Development, George Washington University, 2005

III. CAREER

- A. Current position: Associate Professor, Psychiatry and Behavioral Sciences, George Washington University School of Medicine Department of Psychiatry; Director of Residency Training, 1993-5. Director, psychiatry clerkship, 1998-; Director Medical Student Education in Psychiatry, 2000-
- B. 1987-93: Staff Psychiatrist, U. of Texas Counseling and Mental Health Center
 - 1. Director of Psychiatric Training, 1990-1993

- 2. Adjunct Clinical Faculty, UTMB-SA: Clinical Assistant Professor, 1988-93
- C. 1982-87: Assistant Professor of Psychiatry, Yale University School of Medicine
 - 1. 1985-87 Ward Chief, West Haven VAMC, West Haven,
 - 2. 1982-84 Staff Psychiatrist, West Haven VAMC, West Haven, CT
- D. 1981-82: Fellow, Neuropsychiatric Evaluation Unit, Yale New Haven Hospital

IV. PROFESSIONAL ACTIVITIES

A. Medical Education

- 1. Current: Co course director for behavioral science objectives, problem based learning, George Wash U, School of Medicine; Clerkship seminar in psychiatry, George Wash U School of Medicine
- 2. Psychiatry Residents: Seminar in Cognitive behavioral therapy; presentations on medical record keeping, crisis intervention, psychology of women, transition to practice, 1993-95
- 3. Medical students: Various other activities, including interview supervision, lectures on anxiety, adult development, dementia, domestic violence
- 4. Family Practice and Primary Care residents: Interviewing and Brief Psychotherapy (Texas, 1987-93); Psychiatry case seminar (1995-- GWU Health Care Sciences)
- 5. College Undergraduates: Mental Illness in Popular Literature (Yale, 1984; U. Texas Honors program, 1988, 1989)

B. Research

1. Co-investigator, Screening for Post partum depression in primary care settings HRSA Grant to Family Mental Helath foundation, funded June, 2001-3.

- 2. 1989-94, Project Physician, Cognitive Therapy for Panic Disorder, Dept. Clinical Psychology, U. Texas at Austin
- 1985-87, Principal Investigator, "Antidepressants in PTSD", VA Merit Review Grant (pub. art. #6)
- 4. 1982-87, Co-Principal Investigator, "Family Functioning and Suicide in Chronic Psychiatric Patients" (unfunded)
- 5. 1981-82, Co-Investigator, "Neuroendocrine Functioning in Suicidal and Non-suicidal Female Psychiatric Patients (pub. art. #4)
- 6. 1979-81, Co-principal Investigator, "Post-partum Depression", (pub. art. #3)

C. Professional Associations

- 1. American Psychiatric Association D.C. District Branch
 - a. Film Committee, 1986-92
 - b. Graduate Education Committee, 1994-95
- 2. Association of Women Psychiatrists
 - a. Corresponding Editor, <u>News for Women in</u>
 <u>Psychiatry</u>, 1990-93
- 3. Society for Traumatic Stress Studies
 - a. Peer Reviewer, <u>J. of Traumatic Stress</u>
- 3. Medical Society of the District of Columbia, task force on domestic violence 2000-present
- 4. Washington Psychiatric Society
 - a. Representative on Disasters to American Psychiatric Association, 2003-
- 5. Association of Directors of Medical Student Education in Psychiatry, 1999-
- 6. Association for Behavioral Sciences in Medical Education, 1999—. Board member, 2001-2004.
- 7. DC Dept of Mental Health, Mental Health Response to Terrorism Task Force, 2002-3
- 8. Physicians for Human Rights. Evaluation of asylum applicants, 1999-present
- 9. Society for Women's Health Research, 2003-
- 10. Member of Expert Panel on Post Partum Depression, Virginia Department of Health Division of Women's and Infants' Health

V. PUBLICATIONS A. Articles

- 1. Frank, J.B., "Body-snatching: A Grave Medical Problem", Yale J. Biol. and Med., 11/75, pp. 101-9
- 2. Frank, J.B., "Moses Maimonides: Rabbi of Medicine", Yale J. Biol. and Med., 1/81, pp. 79-88
- 3. Saks, B.R., Frank, J.B., Lowe, T.L., Berman, W., Naftolin, F. and Cohen, D.J., "Depressed Mood in Pregnancy and the Puerperium: Clinical Recognition and Implications for Clinical Practice", Am. J. Psychiatry, 142, June 1985, pp. 728-31
- 4. Rosenheck, R., **Frank, J.B.** and Graber, M.A.,
 "Hospital Treatment of Patients with Pending Criminal
 Clinical Charges: An Ecological Approach",

 <u>Psychiatric Quarterly</u>, Winter, 1987, pp. 255-68
- 5. Frank, J.B., Kosten, T.K., Giller, E.L., Dan, E., "A Randomized Clinical Trial of Antidepressants in the Treatment of PTSD", <u>Am. J. Psychiatry</u>, 1988, 145: 1289-91
- 6. Frank, J.B., Pregnancy and Leadership: Case Study from an Inpatient Unit", <u>Psychiatry</u>, 1990, 53: 77-89
- 7. Kosten, T.R., Krystal, J.H., Giller, E.L., Frank, J.B., Dan, E., "Alexithymia as a Predictor of Treatment Response in Post-traumatic Stress Disorder", J. Traumatic Stress, 1992, 5: 563-75
- 8. Kosten, T.R., Frank, J.B., Dan, E., McDougle, C.J., Giller, E.L., "Pharmacotherapy for Post-Traumatic Stress Disorder Using Phenelzine or Imipramine", J. Nerv. and Mental Dis., 1991, 179: 366-71
- 9. Frank, Julia and Deegan, Deborah, Conservatorship for the chronically mentally ill: Review and case series, Intl J Law and Psychiatry 1997 20: 97-111
- 10. Frank, Julia, Weihs, Karen, Minerva, Ellen and Lieberman, Daniel. Women's mental health in primary care: Depression, anxiety, somatization, eating disorders and substance abuse. Med Clinics N America 1998 82:359-389.
- 11. Frank, Julia and Rodowski, Maria. Review of psychological issues in victims of domestic violence seen in emergency settings. <u>Emergency Medicine Clinics N. Am.</u> 17: 657-677.
- 12. Sierles, FS, Brodkey, AC, Cleary, LM, McCurdy, FA, Frank, J, Lynee, DJ, Chao, J, Marogenstern, BZ, Shore, W, and Woodard, JL. Medical Students' Exposure to and Attitudes about Drug Company Interactions: A National Survey. 2005 JAMA, 294:1034-42.
- B. Books and Book Chapters
 - 1. Frank, Julia and Krupnikova, Nadia. Behavioral

- Science/Psychiatry, Review for the New National Boards. J and S Publications, Alexandria Va.1998
- 2. Frank, Jerome D. and **Frank, Julia B.**, <u>Persuasion and Healing: A Comparative Study of Psychotherapy</u> (3rd ed.). Baltimore: Johns Hopkins University Press, 1991
- 3. Frank, Julia, <u>Alzheimer's Disease: The Silent Epidemic</u>.
 Minneapolis, Minn: Lerner Publications, 1985
- 4. Frank, J.B., Kosten, T.K., Giller, E.L. Dan, E.,
 "Antidepressants in <u>Post-traumatic Stress Disorder:</u>
 <u>Etiology, Phenomenology, and Treatment</u> (edited by M. Wolf), Washington, D.C., APA Press, 1990
- 5. Kosten, T.R., Frank, J.B., Dan, E. and Giller, E.L., "Treating Post-Traumatic Stress Disorder with Phenelzine or Imipramine", Biological Assessment and Treatment of Post -traumatic Stress Disorder (edited by E. Giller), Washington, D.C., APA Press, 1990,pp. 185-202
- 6. Frank, Julia and Dadson, Nana, Dementia following head injury. Emedicine.com, revised 2005.

C. Miscellaneous Publications

- 1. Book reviews for <u>JAMA</u>, <u>Am. J. Psychiatry</u> and <u>J. Hist.</u>

 <u>Med. and Allied Sci.</u>, <u>Journal of Nervous and Mental</u>

 <u>Disease</u>
- 3. "Physical Diagnosis and the Doctor-Patient Relation" (letter to the editor), <u>NEJM</u>, 1976, 294: 1464
- 4. "Le Gout du Jour" (essay/picture legend), <u>J. Hist.</u>

 <u>Med. and Allied Sci.</u>, 1976, 31: 460
- 5. "Upper Nervous Fancies" (poems), <u>NEJM</u>, 1976, 299: 676; "Lower Nervous Fancies" (poems), <u>NEJM</u>, 1976, 299: 852-534
- 6. "Laments of a Clinical Clerk" (poems), <u>NEJM</u>, 1977, 297:660, 953, 1074;1978, 298:977
- 7. Giller, E.L., Mason, J.W., Kosten, T.R., Frank, J.B., Ostroff, R.B., Harkness, L.L., "Psycho-endocrine Assessment of Diagnosis and Suicidality", Psychiatry Letter, Fair Oaks Hospital, pp. 4: 13-18, 1986
- 8. Frank, J.B., Kosten, T.R., Giller, E.L,
 "Antidepressants in the Treatment of PTSD"
 (letter), Am. J. Psychiatry, 1990, 147: 260
- 9. "Drug the Men, Talk to the Women," News for Women in Psychiatry, Fall, 1995
- 10. "Agatha Christie and the Case of the Overwrought Woman," News for Women in Psychiatry, Dec., 1995
- 13. Reply to Lawrence Kolb, <u>News for Women in Psychiatry</u>, Dec., 1995.

- 14. History: The real basic science of psychiatry? Editorial Book Review, JNMD 188:725-27, 2000
- 15. Teaching Diversity is as Hard As... ADMSEP newsletter, 2004.

D. Posters & Presentations (Selection)

- 1. Telch, M., Schmidt, N., LaNae Jaimez, T. Frank, J., Harrington, P., Singular and Combined Efficacy of *In vivo* Exposure and CBT in the Treatment of Panic Disorder with Agoraphobia: Interim Results, American Association for Behavior Therapy, 1993
- 2. Antidepressants for PTSD--Grand Rounds, GWU, Fall, 1993; USHSC, Spring, 1993; International Society for Traumatic Stress Studies, Paris, Spring, 1995; Grand Rounds, Lincoln Hospital, Fall, 1995
- 4. Conservatorship for the Mentally Ill, International Society for the Study of Psychiatry and Law, Montreal, Spring, 1994.
- 5. Teaching Brief Psychotherapy to Psychiatric Residents, American Association, Directors of Residency Training, Winter, 1995
- 6. Using guided role plays to teach the skills of ambulatory psychiatric assessment. APA, May, 1999, Washington, DC, Philadelphia, Oct, 2000. ABSAME, Savannah, 1999, Falmouth, 2001. ADEMSEP, Rockport, ME, May 1999.
- 8. Don't Ask Don't Tell What's in That Can of Worms! Improving the psychiatric response to victims of domestic violence. Grand Rounds GWU Dept Psychiatry spring, 2001
- 11. Peripartum psychiatric disorders. Grand rounds, GWU department OBGYN, Spring, 2002; St. Elizabeth's Hospital, 2002
- 12. Responding as psychiatric educators to the terrorism crisis, plenary panel, Association of directors of Medical Student Education in Psychiatry, June, 2002. ABSAME discussion, 2001
- 13. Should we teach psychodynamic psychotherapy to medical students? Plenary Panel, ADMSEP, 2003
- 14. Frank, JB and Borthwick, J, Professional Development Groups for Medical Students, poster, ADMSEP, 2003, ABSAME, 2003.
- 15. Mood and Menopause, Grand Rounds, Dept OBGYN, George Washington University, March, 2005.

E. Honors and awards

- 1. Roeske Award in Medical Education, American Psychiatric Assn, 2002
- 2. Inducted into the Society of Distinguished Teachers, 2003
- 3. Fellow of the American Psychiatric Association, 2005
- 4. WPS Psychiatrist of the Year, 2005